

Invitation to Join the...



New Orleans Track Club, Inc.

TAKE AN ACTIVE ROLE
IN YOUR RUNNING OR WALKING
PROGRAM BY BECOMING A
MEMBER OF THE NOTC



The New Orleans Track Club... ...is an organization administered by runners and walkers to promote roadrace events both as a competitive sport and as one of the best athletic activities for achieving physical fitness.

The NOTC was founded in 1963 with the purpose of developing running in the New Orleans metropolitan area. Since that time the club has grown to over 2300 members including runners, walkers and wheelchair athletes. The NOTC is a member of the Road Runners Club of America (RRCA), USA Track & Field Association and the New Orleans Metropolitan Convention & Visitors Bureau, Inc.

A full schedule of running and walking events awaits you. From the 1/2 mile to the Marathon our schedule includes such well known events as the New Orleans Mardi Gras Marathon and the south's oldest roadrace, the Jackson Day Race held since 1907. Events take place in a variety of locations that include Audubon Park, City Park, Lakefront, Westbank, French Quarter, Downtown, Metairie, Harahan, Northshore and many other areas... even the Bonnet Carré Spillway! The NOTC New Orleans Grand Prix Series consists of designated races each year in which members compete for Grand Prix awards in divisions for Youth, Adult Open / Master / Grand Masters / Senior and RaceWalkers. A festive awards ceremony is staged to present awards to division leaders.

Phone (504) 482-6682

Web site: www.runNOTC.org

Fax (504) 469-9268

Reasons to Join the NOTC

- ◆ Substantially reduced entry fees at most NOTC races.
- ◆ FOOTPRINTS magazine sent to you, featuring race results, articles, pictures and club news.
- ◆ Support the NOTC in maintaining a full schedule of events from the 1/2 mile to the marathon.
- ◆ Direct mailings of entry forms, club news, schedules.
- ◆ Discounts on shoes at some area running stores
- ◆ Membership in the Road Runners Club of America (a national organization representing over 600 Chapters and over 200,000 runners and walkers) and a subscription to FOOTNOTES.
- ◆ Club meetings and the NOTC-New Orleans Grand Prix Series.

Upcoming Feature Races

Feb 20	Elmwood Classic 1/2 mile, 5K, 10K
Feb 27	Run on the Bayou 1/2 mile, 2 mile 10K
Mar 18	Camellia City Classic 1/2 mile, 2 mile 10K
Apr 8	Hale Boggs Mississippi River Bridge Run 5K
Apr 30	Bubba Gump Shrimp Company's Run Forrest Run 1 mile 5K
May 7	Lakeside Hospital's Scrub Shirt Classic 1 mile 5K
May 20	Margaritaville's Run for Covenant House 1 mile, 5K
May 26	Greek Festival Race 1 mile 5K
June 4	City Park's Storyland Run/Walk 1/2 mile, 5K
June 18	Father's Day Race 1/2 mile, 2 mile
June 23	Elmwood Fitness Center's Twilight Classic 5K
July 7	Lakeshore Dash 1/2 mile 2 mile
July 16	Great Spillway Classic Trail Run 3 miles



Runner Walker W/CH Annual Individual Membership: \$25.00
Annual Family Membership: \$30.00

Senior Membership (over 60): \$15.00 Year
Youth Membership (17-under): \$15.00 Year

NAME	Last	First	Initial
ADDRESS			
CITY		STATE	ZIP
DATE OF BIRTH	SEX	PHONE/HOME	OFFICE

FAMILY MEMBERS

MEMBERSHIP #	NAME (Last, First, MI)	DOB	SEX
MEMBERSHIP #	NAME (Last, First, MI)	DOB	SEX
MEMBERSHIP #	NAME (Last, First, MI)	DOB	SEX
OFFICIAL USE ONLY: MEMBERSHIP NO		EXP. DATE	AMOUNT ENCLOSED

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the race. I assume risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the act on my behalf, waive and release the Road Runners Club of America, the New Orleans Track Club and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in these club activities even though that liability arose of negligence or carelessness on the part of the persons named in this waiver.

Signature _____ Date: _____

Signature _____ (signature of Parent or Guardian if Entrant is Under 18) Date: _____

I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets are not allowed in the race and I will abide by this guideline.

Mail to:
NEW ORLEANS TRACK CLUB
P. O. Box 52003
New Orleans, LA 70152-2003
504-482-6682 Fax (504) 469-9268

**MARCH
2000**

**NEW ORLEANS TRACK CLUB
RACE SCHEDULE LISTINGS**

**MEMBER OF:
RRCA & USATF**

For information on NOTC races & membership call (504) 482-6682
To volunteer for races call (504) 468-1488 ♦ Fax: (504) 469-9268
E:Mail: NOTC@runNOTC.org ♦ Website: www.runNOTC.org

New Orleans Track Club, P.O. Box 52003, New Orleans, LA 70152-2003
Executive Director: Chuck George ♦ President: Mario Lara

*** NOTE (♦) = NOTC GRAND PRIX SERIES RACE ***

DATE	TIME	DISTANCE	EVENT	LOCATION
3/18 (Sat)	8:15AM	½ mi, 2 mi, 10K	♦ CAMELLIA CITY CLASSIC	Slidell
4/8 (Sat)	8:30AM	5K	♦ HALE BOGGS MISS. RIVER BRIDGE RACE	Destrehan/Luling
4/30 (Sun)	8:30AM	5K	Bubba Gump Shrimp Company's "RUN FORREST RUN"	New Orleans
5/7 (Sun)	8:00AM	1 mile, 5K	LAKESIDE HOSPITAL SCRUB SHIRT CLASSIC	Metairie
5/20 (Sat)	8:00AM	½ mi, 5K	♦ MARGARITAVILLE'S RUN FOR COVENANT HOUSE	New Orleans
5/26 (Fri)	7:00PM	1 mile, 5K	GREEK FESTIVAL RACE	New Orleans
6/1 (Thur)	6:45PM	2 mile	NOTC Free For All Summer Series Race	Audubon Park, New Orleans
6/4 (Sun)	8:00AM	5K, ½ mi	♦ RUN/WALK FOR STORYLAND	City Park, New Orleans
6/15 (Thur)	6:45PM	2 mile	NOTC Free For All Summer Series Race	Audubon Park, New Orleans
6/18 (Sun)	8:00AM	½ mi, 2 mi	♦ FATHER'S DAY RACE	Lafreniere Park, Metairie
6/23 (Fri)	7:00PM	5K	ELMWOOD FITNESS CENTER'S TWILIGHT CLASSIC	Harahan (Elmwood Center)
7/7 (Fri)	7:00PM	½ mi, 2 mi	♦ LAKESHORE DASH	Lakefront, New Orleans
7/13 (Thur)	6:45PM	2 mile	NOTC Free For All Summer Series	Audubon Park, New Orleans
7/16 (Sun)	8:00AM	3 mile	GREAT SPILLWAY CLASSIC TRAIL RUN	Bonnet Carre Spillway, Norco
7/20 (Thur)	6:45PM	2 mile	NOTC Free For All Summer Series	Audubon Park, New Orleans
8/10 (Thur)	6:45PM	2 mile	NOTC Free For All Summer Series	Audubon Park, New Orleans

***** OTHER AREA RACES (CONSULT NUMBERS LISTED FOR INFO) *****

DATE	TIME	DISTANCE	EVENT	LOCATION	INFORMATION PH#
3/11	9:00AM	10K	Red River Run	Alexandria	318-449-8574
3/11	8:00AM	1 mi, 5K	Healing Waters Run	Abita Springs	809-1171
3/11	8:00AM	8K	Red Cross Run	Mobile, AL.	334-436-7905
3/11	8:00AM	1 mi, 5K	Florida Parishes Classic	SLU-Hammond	800-345-6644
3/12	8:00AM	2 mi, 10K	Leprechaun Chase	Robertsdale, AL.	334-947-7395
3/18	8:00AM	2 mi, 10K	Spring Fever Chase	Fairhope, AL.	334-621-3615
3/18	10:00AM	1 mi, 5K	St. Patricks Day Race	Biloxi, MS	228-875-6855
3/18	8:00AM	1 mi, 5K	St. Patricks Day Race	Jackson, Ms.	601-856-9884
3/19	8:00AM	5K	State Trooper Race	Chalmette	277-2076
3/25	8:00AM	10K, 2 mi	AZALEA TRAIL RUN	Mobile, AL.	334-473-7223
3/26	8:00AM	5K, ½ mi	St. Louise Race	Chalmette	271-0780
4/1	7:30AM	2 mi, 10K	Gulf Coast Classic	Biloxi, Ms.	228-875-6855
4/1	4:00PM	5K	Tunnel Run	Houma	851-3479
4/1	8:00AM	10K	Natchez Trace Race	Natchez, Ms.	601-856-9884
4/2	8:00AM	2/10/2	Pelicanman Duathlon	Chalmette	271-4074
4/9	8:00AM	5K, ½ mi	OLPS Race	Chalmette	277-6082
4/9	8:30AM	1 mi, 5K	Ochsner Run	Metairie	842-7113
4/15	8:00AM	5K	KNOE Classic	Monroe	318-322-7456
4/15	8:00AM	5K	Chinchuba Day Run/Walk	Marrero	340-9261
4/16	8:00AM	1.5/9.5/1.5	Easter Duathlon	Belle Chasse NAS	361-1817
4/22	9:00AM	10K	CRESCENT CITY CLASSIC	New Orleans	504-861-8686
4/29	8:00AM	10K	Natchez Trace Race	Kosciusko, Ms.	601-856-9884
5/6	8:30AM	10K	Corinth Coca-Cola Classic	Corinth, MS.	662-286-6051
5/6	8:00AM	5 mi	US Unwired Race	Lake Charles	318-474-6882
5/13	8:30AM	10K	Gum Tree Run	Tupelo, MS	662-842-2039
5/21	7:30AM	2/10/2	Dannon Duathlon	New Orleans	454-6561
5/27	8:30AM	5K	Run for One	New Orleans	949-5252
5/27	8:30AM	1 mi, 5K	Jambalaya Festival Race	Gonzales	225-647-2009
6/10	8:00AM	1 mi, 5K	Blueberry Festival Race	Poplarville, MS	601-795-8303/4317

➤ Please verify date, time, location of calendar events per the entry form as information is subject to change.
To list an event forward to the NOTC at P.O. Box 52003, New Orleans, La. 70152-2003 (Attn: Race Schedule)